



## **LINK LEARNING Activity Suggestions for Families**

### **'WALK AND TALK - AUTUMN WOODLAND WALK'**

October 2013

Our recent '*Woodland Walks*' with small groups of children have been a great opportunity for the adults to chat with the children about the natural environment, the change in seasons, and things they see, hear and smell.

#### **'Walk and Talk - Autumn Woodland Walk' Activity:**

Promotes and encourages children in all areas of the curriculum framework, the revised Early Years Foundation Stage (EYFS), especially the 3 Prime Areas:

- **Physical Development** -Healthy Lifestyle - exercise and physical development.
- **Communication and Language** - Development of language and communication skills by focusing conversation and creating opportunities for new vocabulary.
- **Personal, Social and Emotional Development** - Supports children's self-confidence and self-awareness to try new activities and experiences, as well as developing skills to stay safe, holding an adult's hand when near a road and within the parks and woodland environment.

To support this learning experience, why not try this '**Walk and Talk**' with your child ? Using the theme of a '**Autumn Woodland Walk**', gives the opportunity for children to notice aspects of the outside environment, e.g. Change in seasons and using their senses noticing different sights, sounds and smells.

## Top Tips

- Talk about the things you see, hear and smell.
- Listen to your child talk and add appropriate words to encourage their language development.
- Get down to your child's level when you stop to look at something together - this will show you your child's perspective and enable you to have eye contact when your listening and talking.
- Take a '*Photo in Time*' - a photo taken of your child in the same place at different times of the year. Maybe a particular area of the woods, or by a special tree. Over the year you can compare the changes in season with your child, the change in the environment and the seasonal clothes your child was wearing.

Maybe you could collect some more leaves, acorns or other items of interest to make an Autumn collage, take photos, or your child might like to draw a picture about the things they saw on the walk.

Please encourage your children to walk, (not travel in a buggy), and to **always hold their adult's hand when near the road.**

We'd love to hear about your adventures - ***HAVE FUN!***

Hilary Welland

October 2013

Website Link:

Loads more activities on this site:

<http://www.naturedetectives.org.uk/autumn>

<http://www.woodlandtrust.org.uk>

<http://www.woodlandtrust.org.uk/en/learning-kids/Pages/children.aspx#.UlqMMWgZwio>